

Road Running events



CAIRNS REGION
24 to 26 June



Dynamic Running club members and Cairns parkrunners receive a discount!

Cost: Free to \$20

6.30AM

Saturday, 25 June 2016

Start/Finish at Redlynch Central Sports Stadium

21.1km, 10km, 5km

Age categories:

Juniors - U12; 12-15; 16-17

Adult - 18-29; 30-39; etc. to 70+

Register at *(after 16th June 2016):*

<https://regonline.activeglobal.com/nqgames>

(these registrations close Thursday, 23 June at 9.00pm)

Map and course description:

<http://www.dynamicrunning.com.au/nq-games-road-races/>

Hosted by Dynamic Running

NQ Games Road Running course description for Saturday, 25 June 2016.

Map: <http://tinyurl.com/2016nqgamesmap>

To register: <https://regonline.activeglobal.com/nqgames>

No roads are closed for this event. Marshals are in place where runners cross over roads. Vehicles have right of way.

Start on the footpath adjacent to the Redlynch Central Sports Stadium. Run on the footpath towards Cairns Western Arterial Road. Turn right and continue on the footpath (cross under the Redlynch Connection Road (marshal) road using the underpass). Continue on the footpath to Glenoma Park and cross under the Cairns Western Arterial Road using the underpass (marshal). Turn left and continue on the footpath to the Loridan Drive Park (marshal) and turn right. Follow the footpath through the park and cross over Loridan Drive (marshal). Turn right and continue on the footpath adjacent to Loridan Drive to the traffic lights at the Cairns Western Arterial Road. Turn left and follow the footpath to the underpass. Cross under Cairns Western Arterial Road using the underpass and turn right and follow the footpath to past the Mobil Brinsmead Service Station (2 x marshals). 50m past the service station, take the bush track onto Christies Drive and continue along Christies Drive to View Street. Cross over View Street (2 x marshals) and follow the footpath to Goomboora Park. Follow the footpath from Goomboora Park past the Rocks picnic area to the corner of Gamburra Drive and Huntley Crescent. Make a u-turn and return the same way. Rather than going back into Goomboora Park, turn left on the path and continue along the footpath past St Andrew's College. At the lights (marshal), cross over the road and run on the grass to where the marshal on Redlynch Connection Road will direct the runners across the road. Turn left and follow the laneway between the houses to Norfolk Circuit (marshal). Turn right and follow the footpath on Heritage S Street adjacent to the Redlynch Shopping Centre. Cross over Larsen Road (marshal) and finish at the Sports Centre.